

THE EXTRA MILE

FADE IN:

INT. HOUSE - DAY

Daniel, a skinny 25 year old rolls over in bed and looks at his phone. 1:30 pm shows on the phone and Daniel gets out of the bed. Beer cans fall off of the bed onto the ground. He proceeds to walk downstairs. In the kitchen Daniel opens a pizza box which has a half of a pizza left, he takes a slice and starts eating it. Daniel's brother Luke comes in wearing gym clothes covered in sweat.

LUKE

Ah good afternoon. At least you're up earlier than yesterday. Just finished my first five kilometres of the day, you can come with me for the second one later.

DANIEL

We're supposed to be in lockdown, take it easy. Running five K every day isn't gonna make a difference.

LUKE

Sure you're only saying that cause you wouldn't be able to run it.

DANIEL

If I wanted to I would.

LUKE

Your body is made up of Guinness and smoke, you get out of breath running up the stairs.

Daniel walks past Luke opening a can of beer and walks upstairs.

INT. DANILE'S ROOM - NIGHT

Daniel is sitting on his bed playing Xbox. While he's playing he's shouting at his friends over the headset and throwing cans at the wall. Luke comes bursting in the door.

LUKE

Will you keep it down, I've to get up early for a run before my online lecture.

DANIEL

Will you relax, you don't have to get up early just have a lie in.

LUKE

Just cause you're a waster doesn't mean everyone else is, I've to stay fit for when the racing season starts back.

DANIEL

It won't be the end of the world if you don't run for one day. It's not even that hard it's just running.

LUKE

Then you do it, I bet you a hundred euro you won't be able to do a five kilometre run in under half an hour.

DANIEL

A hundred quid? I'll do that easy.

LUKE

Right grand, we'll see tomorrow.

Luke walks out of the room and Daniel picks up his phone. He scrolls through his contact and makes a call. He puts the phone up to his ear and after a few seconds the person answers.

DANIEL

What's up, I need a favour.

A smile appears on Daniel's face.

DANIEL

Yeah cool, I'll meet you there tomorrow.

NEXT DAY - ALLEY WAY

Daniel walks up to a man standing in the alley way.

DANIEL

What's the story Doyler.

DOYLER

What's up Dan, how's things.

DANIEL  
Not too bad, do you have them?

DOYLER  
I do indeed.

Doyler takes a small bag with a few tablets in it out of his pocket and gives them to Daniel, Daniel then hands over twenty euro to Doyler.

DOYLER  
They should have you going for a while, I'd only take one if I was you, takes about an hour for them to kick in so give them some time yeah.

DANIEL  
Yeah perfect sound for that.

Daniel puts the bag in his pocket and walks off.

INT. HOUSE

Daniel is in his room in his running clothes, he goes to his drawer and takes out one of the tablets he got earlier. He puts it in his mouth and swallows it. He then takes another one out of the bag and inspects it, he takes his bottle of water and puts the pill inside it and watches it dissolve. Daniel proceeds downstairs where Luke, his mam and dad are all sitting.

LUKE  
Ohhh look at Mo Farah here. Are you ready for your run?

DANIEL  
Yeah actually feel like I've loads of energy.

Daniel is bouncing on his toes and swinging his arms.

LUKE  
Better take it easy on your water or you'll have none left for your run.

Daniel continues to drink the rest of his water.

DANIEL  
Don't even need it.

Daniel runs out of the house and sprints down the road.

After a few minutes of running looks down at his watch, it shows that he's been running for 12 minutes and has already reached 5K.

DANIEL

5K already? Surely thats a record.  
Gonna just keep going.

Daniel continues his run and keeps going until he sees a sign which says Tipperary. He has a confused look on his face and walks into a shop.

DANIEL

Sorry, where am I?

SHOPKEEPER

What are you on about? You're in  
Thurles.

DANIEL

Jesus, I've been running for two  
hours.

INT. HOUSE

Luke, mam and dad are all sitting down in their sitting room watching the news.

LUKE

Haha it's nearly been 4 hours since  
Daniel went on his run. He must be too  
tired to even walk home.

MAM

What the fu-

NEWS REPORTER (ON TV)

A bit of positive news now, a young  
man from Dublin has ran from his home  
in Dublin all the way to Kerry in just  
five hours. The Guinness world records  
has officially entered his name in the  
history books for his amazing  
achievement. We got an exclusive  
interview with the man,

REPORTER

Well Daniel what motivated you to  
start this unbelievable run? Are you  
aware that people are calling you the  
greatest athlete of all time?

DANIEL

Well, it's simple really, ever since I was just a young boy people tried to tear me down, even my own family, but I work hard and prove them wrong every time. Never stop believing.

NEWS REPORTER (ON TV)

Wow what an inspirational story from the real life Forrest Gump. Truly he is a hero.

Luke, mam and dad all sit on the couch in disbelief with their mouths wide open.

Daniel runs past crowds of people and some run along side him to get a picture and autograph.

DANIEL

Now I must return home to collect my winnings from my brother who is not as fit as me.

The crowd cheers.

EXT. DUBLIN CITY

Daniel runs through Dublin city where he is met by a parade and a large banner that says welcome home. He runs through the finish line and everybody starts celebrating. He is showered by champagne and confetti. Daniel has an enormous smile on his face as he waves to the crowds of people. Luke walks up to him and hands him one hundred euro and fireworks go off in the background. Daniel stands on the stage and waves to everyone as they cheer for him.

EXT. DANIEL AND LUKE'S BACK GARDEN

Luke, mam and dad stand staring at Daniel with two paramedics.

MAM

He's just been running around in circles for the last hour and a half. He's talking gibberish, making explosion noises and cheering for himself.

Daniel continues running around the back garden spraying the

hose in the air.

PARAMEDIC

Just leave him at it, he should tire himself out soon enough and whatever he took will wear off.

The paramedics turn around and leave.

DANIEL

Pew Pew, thank you everyone, I'm so much better than Luke.

Luke, mam and dad all stand back and continue to watch as Daniel does his lap of honour around the back garden.